



2018 Youth Marathon Program
January 13, 2018
Individual Training Log

Name: _____

Age: _____

School: _____

Grade: _____ Shirt Size: _____

Date	Miles Run/Walked	Date	Miles Run/Walked

TOTAL MILES LOGGED: _____ (A MINIMUM OF 25 MILES MUST BE LOGGED PRIOR TO JANUARY 12, 2018)

- You must be registered online by December 12, 2017 to be guaranteed a t-shirt
- Logs must be turned into race officials at the expo, on race day, or via email (info@charlestonmarathon.com)
- Race starts at 7:15 AM on January 13, 2018
- Contact Charleston Marathon with any questions via email at info@charlestonmarathon.com